

Customer Shared Recipe

Porridge with Coconut and Dates

1/2 cup rolled oats

2 Tablespoons teff grain

2 Tablespoons shredded coconut

2 Large dates, pitted and chopped

1 Teaspoon cinnamon

1 1/3 Cups water

1. Place all the ingredients in a saucepan. Cover and bring to a boil over medium heat. Reduce the heat to low and simmer 10 minutes.
2. Turn off the heat and let sit for 5 minutes to absorb the remaining liquid.
3. Serve hot, either as is or topped with ground flax seeds.

Contributed by **Joan Kauth**



A recipe from “A Measure of Community” favorite recipes from staff, members, and friends of the Fort Collins Food Co-op.